

# Who needs a sleep consultation?

Patients who present with the following conditions or diagnoses should be evaluated for sleep disorders:



- High Blood Pressure/Hypertension
- Congestive Heart Failure
- Coronary Artery Disease
- Stroke

- Morbid Obesity
- Diabetes
- Hyper/Hypothyroid



- Depression/Anxiety
- Behavioral Issues

- Chronic Pain/Fibromyalgia
- Migraines
- Opioid Use



## S.T.O.P. Screening for Sleep Apnea

Do you **Snore** loudly?

Do you often feel **Tired**, fatigued or sleepy during the day?

Has anyone **Observed** you stop breathing during sleep?

Are you being treated for high blood **Pressure**?